



Lower/Middle School Lunch Menu

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Entrée: Taco Tuesday Crispy or Soft Tacos Spanish Rice Refried Beans Fruit Mix-It-Up Meal: Cheeseburger	Entrée: Beef Lasagna Garlic Breadstick Veggies Side Salad Mix-It-Up Meal: Steak Fingers	Entrée: Baked Herb Chicken Cheesy Potatoes Veggies Fruit Mix-It-Up Meal: Chicken Tenders	Entrée: Cheese, Pepperoni or Supreme Pizza Veggie Cup Salad Fruit Mix-It-Up Meal: Pasta Marinara
7	8	9	10	11
Entrée: Spaghetti w/ Meat Sauce Garlic Breadstick Side Salad Fruit Mix-It-Up Meal: Corn Dog	Entrée: Beef or Chicken Fajitas Spanish Rice Pinto Beans Fruit Mix-It-Up Meal: Chicken Nuggets	Entrée: Brunch for Lunch Pancakes or Waffle Bacon or Sausage Hash Brown Fruit Mix-It-Up Meal: Meatball Sub	Entrée: Chicken Fried Steak Mashed Potatoes Veggies Fruit Mix-It-Up Meal: Grilled Cheese Sandwich	Parent/Teacher Conference Day No School
14	15	16	17	18
Columbus Day School Holiday	Entrée: Chicken Quesadilla Spanish Rice Refried Beans Fruit Mix-It-Up Meal: Bruschetta	Entrée: Orange Chicken w/ Stir Fry Veggies Edamame Egg Roll Fruit Mix-It-Up Meal: Corn Dog	Entrée: Baked Fish /w Seasoned Rice Cole Slaw Veggies Fruit Mix-It-Up Meal: Chicken Tenders	Entrée: Cheese, Pepperoni or Supreme Pizza Veggie Cup Salad Fruit Mix-It-Up Meal: Pasta Marinara
21	22	23	24	25
Entrée: Chicken Alfredo Garlic Breadstick Side Salad Fruit Mix-It-Up Meal: Fish Sticks	Entrée: Meatloaf Mashed Potatoes Veggies Fruit Mix-It-Up Meal: Grilled Cheese Sandwich	Entrée: Brunch for Lunch Pancakes or Waffle Bacon or Sausage Hash Brown Fruit Mix-It-Up Meal: Crispy Chicken Sandwich	Entrée: Chicken Fried Rice Edamame Egg Roll Fruit Mix-It-Up Meal: Hot Dog	Entrée: Cheese, Pepperoni or Supreme Pizza Veggie Cup Salad Fruit Mix-It-Up Meal: Pasta Alfredo
28	29	30	31	
Entrée: BBQ Brisket Potato Salad Baked Beans Fruit Mix-It-Up Meal: Hamburger	Entrée: Taco Tuesday Crispy or Soft Beef Tacos Spanish Rice Refried Beans Fruit Mix-It-Up Meal: Bruschetta	Entrée: Chicken Pot Pie Veggies Fruit Mix-It-Up Meal: BBQ Potato	Entrée: Stroganoff w/ Meatballs Veggies Fruit Mix-It-Up Meal: Chicken Nuggets	

Kid Pix Meal Sides
(Served Daily)

Sandwich Shop
(Sides Same as Kid Pix Meal)

Salad/Soup Meal
(Soup Available Daily)

A La Carte
(Served Daily)

Carrot/Celery Sticks
 Steamed Veggies
 Baked French Fries/Tots
 Fresh Fruit

Monday: Turkey and Swiss
Tuesday: Club Sandwich
Wednesday: Pimento Cheese
Thursday: Chicken Caesar Wrap
Friday:

Monday: BLT Salad
Tuesday: Fajita Salad
Wednesday: Pasta Salad
Thursday: Pineapple/Mango Salad
Friday: Caesar Salad

Fresh Fruit
 Fruit Cups
 Cheese Stick
 Baked Chips
 Yogurt Parfait

Baked Potatoes Available Daily (Toppings Include: Butter, Sour Cream, Bacon, Cheddar Cheese, and Chives)

All Meals Include Choice of Beverage (2% White Milk, Fat Free Chocolate Milk, Water or Juice) and Dessert