



# LOWER/MIDDLE SCHOOL LUNCH MENU

## APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Entrée:</b> Beef Stroganoff w/Noodles Veggies Fresh Fruit <b>Mix-It-Up Meal:</b> Steak Fingers	2 <b>Entrée:</b> Chicken Enchiladas w/ Tomatillo Sauce Spanish Rice Beans Fresh Fruit <b>Mix-It-Up Meal:</b> Bruschetta	3 <b>Entrée:</b> Pancakes or Waffles Bacon or Sausage Hash Browns Fresh Fruit <b>Mix-It-Up Meal:</b> Hot Dog	4 <b>Entrée:</b> Meatloaf Mashed Potatoes Veggies Fresh Fruit <b>Mix-It-Up Meal:</b> Chicken Nuggets	5 <b>Entrée:</b> Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit <b>Mix-It-Up Meal:</b> Pasta Alfredo
8 <b>Entrée:</b> Beef or Cheese Ravioli Garlic Breadsticks Side Salad Fresh Fruit <b>Mix-It-Up Meal:</b> Cheeseburger	9 <b>Entrée:</b> Crispy or Soft Beef Tacos Spanish Rice Pinto Beans Fresh Fruit <b>Mix-It-Up Meal:</b> Popcorn Chicken	10 <b>Entrée:</b> BBQ Chicken Mac and Cheese Baked Beans Fresh Fruit <b>Mix-It-Up Meal:</b> Meatball Sub	11 <b>Entrée:</b> Orange Chicken w/ Rice Egg Roll Edamame Fresh Fruit <b>Mix-It-Up Meal:</b> Chicken Tenders	12 <b>Entrée:</b> Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit <b>Mix-It-Up Meal:</b> Pasta Marinara
15 <b>Entrée:</b> Salisbury Steak Mashed Potatoes Veggies Fresh Fruit <b>Mix-It-Up Meal:</b> Corn Dog	16 <b>Entrée:</b> Beef & Cheese Quesadilla Spanish Rice Beans Fresh Fruit <b>Mix-It-Up Meal:</b> Steak Fingers	17 <b>Entrée:</b> Pancakes or Waffles Bacon or Sausage Hash Brown Fresh Fruit <b>Mix-It-Up Meal:</b> Chili Dog	18 <b>Entrée:</b> Parmesan Chicken Buttered Pasta Veggies Fresh Fruit <b>Mix-It-Up Meal:</b> Crispy Chicken Club	19 <b>Good Friday</b>  School Holiday
21 <b>Easter Monday</b>  School Holiday	22 <b>Entrée:</b> Fajitas Spanish Rice Beans Fresh Fruit <b>Mix-It-Up Meal:</b> Bruschetta	23 <b>Entrée:</b> Chicken Alfredo Garlic Breadsticks Veggies Fresh Fruit <b>Mix-It-Up Meal:</b> Fish Nuggets	24 <b>Entrée:</b> Orange Chicken w/ Rice Egg Roll Edamame Fresh Fruit <b>Mix-It-Up Meal:</b> Chopped Beef	25 <b>Entrée:</b> Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit <b>Mix-It-Up Meal:</b> Pasta Marinara
29 <b>Entrée:</b> Spaghetti w/ Meat Sauce Side Salad Garlic Bread Fresh Fruit <b>Mix-It-Up Meal:</b> Hamburger	30 <b>Entrée:</b> Chicken Fried Steak Mashed Potatoes Veggies Fresh Fruit <b>Mix-It-Up Meal:</b> Pizza Panini			

### KID PIX MEAL SIDES (SERVED DAILY)

Carrot/Cucumber Sticks  
Steamed Veggies  
Baked French Fries  
Fresh Fruit

### SANDWICH SHOP (SIDES SAME AS KID PIX MEAL)

**MONDAY:** Turkey and Swiss  
**TUESDAY:** Tuna Salad  
**WEDNESDAY:** Roast Beef  
**THURSDAY:** Caesar Wrap  
**FRIDAY:**

### SALAD/SOUP MEAL (SOUP AVAILABLE DAILY)

**MONDAY:** Chef Salad  
**TUESDAY:** Fajita Salad  
**WEDNESDAY:** Pasta Salad  
**THURSDAY:** Spinach and Berries Salad  
**FRIDAY:** Classic Caesar Salad

### A LA CARTE (SERVED DAILY)

Fresh Fruit  
Fruit Cups  
Cheese Stick  
Baked Chips  
Yogurt Parfait

BAKED POTATOES AVAILABLE DAILY (Toppings include: Bacon Bits, Cheddar Cheese, Sour Cream and Chives)