



LOWER/MIDDLE SCHOOL LUNCH MENU

FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Entrée: Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit Mix-It-Up Meal: Pasta Marinara
4	5	6	7	8
Entrée: Spaghetti w/ Meatballs Side Salad Garlic Breadsticks Fresh Fruit Mix-It-Up Meal: Steak Fingers	Entrée: Cheese or Chicken Quesadilla Spanish Rice Refried Beans Fresh Fruit Mix-It-Up Meal: Chicken Tenders	Entrée: Chicken Fried Rice Egg Roll Edamame Fresh Fruit Mix-It-Up Meal: Grilled Cheese Sandwich	Entrée: Salisbury Steak Mashed Potatoes Veggies Fresh Fruit Mix-It-Up Meal: Corn Dog	Entrée: Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit Mix-It-Up Meal: Pasta Alfredo
11	12	13	14	15
Entrée: Penne or Bowtie Pasta Alfredo or Marinara Garlic Breadsticks Fresh Fruit Mix-It-Up Meal: Crispy Chicken Club	Entrée: Chicken Enchilada w/ Tomatillo Sauce Spanish Rice Pinto Beans Fresh Fruit Mix-It-Up Meal: Bruschetta	Entrée: Pancakes or Waffles Bacon or Sausage Hash Brown Fresh Fruit Mix-It-Up Meal: Hot Dog	Entrée: Pot Roast Mashed Potatoes Veggies Fresh Fruit Mix-It-Up Meal: Chicken Nuggets	Parent/Teacher Conference Day No School
18	19	20	21	22
Presidents' Day School Holiday	Entrée: Crispy or Soft Beef Tacos Spanish Rice Pinto Beans Fresh Fruit Mix-It-Up Meal: Chicken Tenders	Entrée: Baked Tilapia Cilantro Rice Veggies Fresh Fruit Mix-It-Up Meal: Hamburger	Entrée: BBQ Chicken Mac and Cheese Veggies Fresh Fruit Mix-It-Up Meal: Corn Dog	Entrée: Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit Mix-It-Up Meal: Pasta Alfredo
25	26	27	28	
Entrée: Chicken Fried Steak Mashed Potatoes Veggies Fresh Fruit Mix-It-Up Meal: Crispy Chicken Sandwich	Entrée: Chicken Alfredo Side Salad Garlic Bread Fresh Fruit Mix-It-Up Meal: Meatball Sub	Entrée: Pancakes or Waffles Bacon or Sausage Hash Brown Fresh Fruit Mix-It-Up Meal: Hot Dog	Entrée: Orange Chicken Egg Roll Edamame Fresh Fruit Mix-It-Up Meal: Chopped Beef	

KID PIX MEAL SIDES (SERVED DAILY)

Carrot/Cucumber Sticks
 Steamed Veggies
 Baked French Fries
 Fresh Fruit

SANDWICH SHOP

(SIDES SAME AS KID PIX MEAL)

MONDAY: Turkey and Swiss
TUESDAY: Chicken Salad
WEDNESDAY: Cal. Turkey Club
THURSDAY: Chicken Caesar Wrap
FRIDAY:

SALAD/SOUP MEAL

(SOUP AVAILABLE DAILY)

MONDAY: Garden Chicken Salad
TUESDAY: Taco Salad
WEDNESDAY: Pasta Salad
THURSDAY: Mango Fruit Salad
FRIDAY: Classic Caesar Salad

A LA CARTE

(SERVED DAILY)

Fresh Fruit
 Fruit Cups
 Cheese Stick
 Baked Chips
 Yogurt Parfait

BAKED POTATOES AVAILABLE DAILY (Toppings include: Bacon Bits, Cheddar Cheese, Sour Cream and Chives)