



# LOWER/MIDDLE SCHOOL LUNCH MENU

## NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			<b>Entrée:</b> Salisbury Steak Mashed Potatoes Veggies Fresh Fruit  <b>Mix-It-Up Meal:</b> Chicken Nuggets	<b>Entrée:</b> Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit  <b>Mix-It-Up Meal:</b> Pasta Marinara
5	6	7	8	9
<b>Entrée:</b> Spaghetti w/ Meat Sauce Garlic Breadsticks Side Salad Fresh Fruit  <b>Mix-It-Up Meal:</b> Hot Dog	<b>Entrée:</b> Beef or Chicken Fajitas Spanish Rice Pinto Beans Fresh Fruit  <b>Mix-It-Up Meal:</b> Pizza Panini	<b>Entrée:</b> Pancakes or Waffles Bacon or Sausage Hash Brown Fresh Fruit  <b>Mix-It-Up Meal:</b> Chicken Club	<b>Entrée:</b> Meatloaf Mashed Potatoes Veggies Fresh Fruit  <b>Mix-It-Up Meal:</b> Cheeseburger	<b>Entrée:</b> Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit  <b>Mix-It-Up Meal:</b> Pasta Alfredo
12	13	14	15	16
<b>Entrée:</b> Baked Lemon Tilapia Rice Veggies Fresh Fruit  <b>Mix-It-Up Meal:</b> Meatball Sub	<b>Entrée:</b> <b>Thanksgiving Feast</b> Turkey w/ Dressing/Stuffing Green Bean Casserole Etc...  <b>Mix-It-Up Meal:</b> Steak Fingers	<b>Entrée:</b> Orange Chicken w/Steamed Rice Edamame Egg Roll Fresh Fruit  <b>Mix-It-Up Meal:</b> Grilled Cheese Sandwich	<b>Entrée:</b> Beef and Cheese Enchiladas Spanish Rice Pinto Beans Fresh Fruit  <b>Mix-It-Up Meal:</b> Chicken Tenders	<b>Grandparents &amp; Special Friends Day</b>  Early Dismissal 11:00 a.m.
19	20	21	22	23
<b>THANKSGIVING HOLIDAYS - NO SCHOOL</b>				
26	27	28	29	30
<b>Entrée:</b> Chicken Parmesan Buttered Pasta Veggies Fresh Fruit  <b>Mix-It-Up Meal:</b> Popcorn Chicken	<b>Entrée:</b> Crispy or Soft Tacos Spanish Rice Refried Beans Fresh Fruit  <b>Mix-It-Up Meal:</b> BBQ Potato	<b>Entrée:</b> Pancakes or Waffles Bacon or Sausage Hash Brown Fresh Fruit  <b>Mix-It-Up Meal:</b> Fish Nuggets	<b>Entrée:</b> Pot Roast Mashed Potatoes Yeast Roll Veggies  <b>Mix-It-Up Meal:</b> Corn Dog	<b>Entrée:</b> Cheese, Pepperoni or Supreme Pizza Garden Salad Fresh Fruit  <b>Mix-It-Up Meal:</b> Pasta Marinara

**KID PIX MEAL SIDES**  
(SERVED DAILY)

**SANDWICH SHOP**  
(SIDES SAME AS KID PIX MEAL)

**SALAD/SOUP MEAL**  
(SOUP AVAILABLE DAILY)

**A LA CARTE**  
(SERVED DAILY)

Carrot/Cucumber Sticks  
 Steamed Veggies  
 Baked French Fries  
 Fresh Fruit

**MONDAY:** Ham and Cheese  
**TUESDAY:** Tuna  
**WEDNESDAY:** Cali. Turkey Club Wrap  
**THURSDAY:** Chicken Caesar  
**FRIDAY:**

**MONDAY:** Pasta Salad  
**TUESDAY:** Taco Salad  
**WEDNESDAY:** Pasta, Broccoli & Grape Salad  
**THURSDAY:** Chef Salad  
**FRIDAY:** Classic Caesar Salad

Fresh Fruit  
 Fruit Cups  
 Cheese Stick  
 Baked Chips  
 Yogurt Parfait

BAKED POTATOES AVAILABLE DAILY (Toppings include: Bacon Bits, Cheddar Cheese, Sour Cream and Chives)