



LOWER/MIDDLE SCHOOL LUNCH MENU

APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Entrée: Spaghetti w/ Meatballs Breadsticks Italian Vegetables Fresh Fruit Mix-It-Up Meal: Chicken Nuggets	4 Entrée: Crispy or Soft Beef Tacos Spanish Rice Black Beans Fresh Fruit Mix-It-Up Meal: Grilled Cheese Sandwich	5 Entrée: Baked Tilapia Wild Rice Green Beans Buttered Orzo Fresh Fruit Mix-It-Up Meal: Hamburger	6 Entrée: Brunch For Lunch Pancake or Waffle Bacon or Sausage Hash Browns Fresh Fruit Mix-It-Up Meal: Corn Dog	7 Entrée: Cheese or Pepperoni Pizza Garlic Pasta Garden Salad Fresh Fruit
10 Entrée: Pizza Panini Mac and Cheese Mixed Vegetables Fresh Fruit Mix-It-Up Meal: Chicken Tenders	11 Entrée: Orange Chicken w/ Steamed Rice Egg Rolls Edamame Mandarin Oranges Mix-It-Up Meal: Steak Fingers	12 Entrée: Baked Lasagna Garlic Breadsticks Steamed Broccoli Fresh Fruit Mix-It-Up Meal: Fish Nuggets	13 Entrée: Chicken Wings (Buffalo/ BBQ/ Ranch) Waffle Fries Celery and Carrots Fresh Fruit Mix-It-Up Meal: Meatball Sub	14 Good Friday No School
17 Easter Monday No School	18 Entrée: Chicken Parmesan Buttered Pasta Green Beans Fresh Fruit Mix-It-Up Meal: Hot Dog	19 Entrée: Pasta Bar Bowtie or Fettuccini Pasta Alfredo or Marinara Sauce Garden Salad Fresh Fruit Mix-It-Up Meal: Grilled Cheese Sandwich	20 Entrée: Deli Station Ham/Turkey/ Salami Lettuce/Tomato Broccoli Rice Casserole Fresh Fruit Mix-It-Up Meal: Chicken Nuggets	21 Entrée: Cheese or Pepperoni Pizza Garlic Pasta Garden Salad Fresh Fruit
24 Entrée: Beef, Cheese, or Spinach Ravioli Italian Blend Vegetables Breadsticks Fresh Fruit Mix-It-Up Meal: Chicken Tenders	25 Entrée: Chicken Pot Pie Ranch Style Beans Steamed Broccoli Fresh Fruit Mix-It-Up Meal: Hamburger	26 Entrée: Oven Baked Chicken Buttered Orzo Scalloped Potatoes Green Beans Fresh Fruit Mix-It-Up Meal: Meatball Sub	27 Entrée: Brunch For Lunch Pancake or Waffle Bacon or Sausage Hash Browns Fresh Fruit Mix-It-Up Meal: Corn Dog	28 Entrée: Cheese or Pepperoni Pizza Garlic Pasta Garden Salad Fresh Fruit

MIX-IT-UP MEAL SIDES (SERVED DAILY)	SANDWICH SHOP (SIDES SAME AS MIX-IT-UP MEAL)	SALAD/SOUP MEAL (SOUP AVAILABLE DAILY)	A LA CARTE (SERVED DAILY)	MEAL PRICES
Carrot/Cucumber Sticks	MONDAY: Turkey and Swiss	MONDAY: Chicken Caesar Salad	Fresh Fruit	K - 4 th \$4.85
Steamed Veggies	TUESDAY: Tuna Salad	TUESDAY: Santé Fe Salad	Fruit Cups	5 th - 8 th \$5.95
Baked French Fries	WEDNESDAY: Mediterranean Wrap	WEDNESDAY: Pasta Salad	Cheese Stick	
Fresh Fruit	THURSDAY: Caesar Wrap	THURSDAY: Spinach & Berries Salad	Baked Chips	
	FRIDAY: Hot Roast Beef	FRIDAY: Grilled Chicken Greek Salad	Yogurt Parfait	

BAKED POTATOES AVAILABLE DAILY (Toppings include: Bacon Bits, Cheddar Cheese, Sour Cream and Chives)